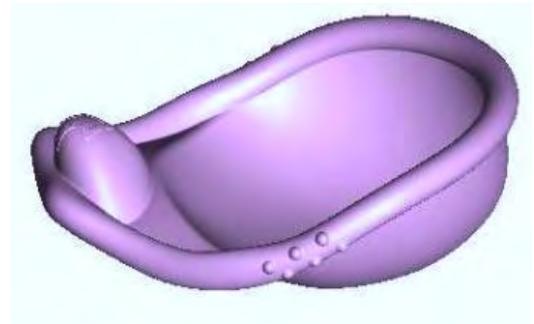


# CAYA® Contoured Diaphragm

## Intravaginal Barrier Device Product Description

### Product Benefits:

- Easy insertion and removal
- Easy fit (one size fits most)
- Comfortable for both partners
- Eliminates latex-related odors
- Hormone-Free Contraceptive



### Product Specifications:

Elastic body:	50 shore-A durometer medical-grade silicone
Core:	Contoured, one-piece polymer spring
Overall length:	75 mm
Overall width:	67 mm
Membrane:	0.010" nominal thickness

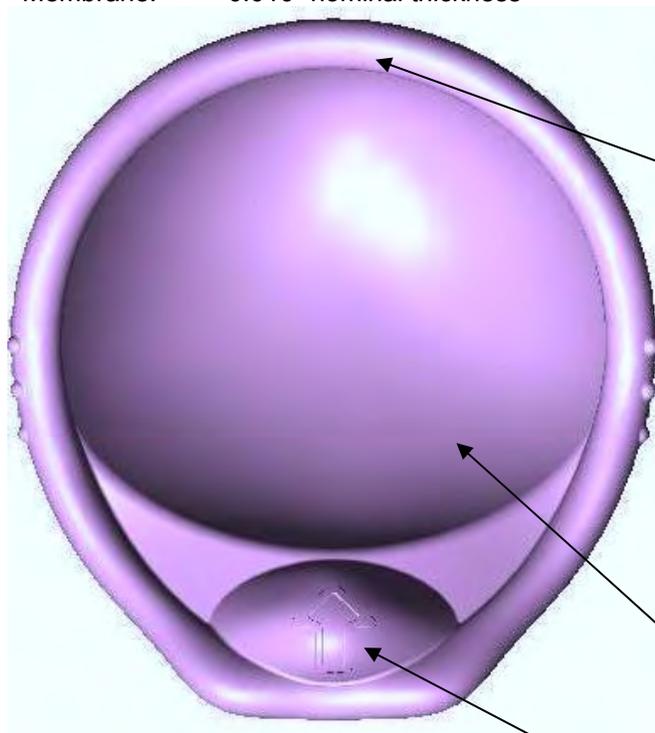
### Product Features:

#### Dynamic contours

- Folds in optimal insertion shape
- Embeds gently in supportive tissue

#### Gentle folding dynamics

- Soft, easy folding during insertion and removal
- Slides gently out of the vagina



#### Firm insertion edge

- Folds compactly for easy insertion
- Stable shape when pushing into vagina
- Supports cervical cup in posterior fornix

#### Grip dimples (nubs)

- Enhanced grip when slippery
- Cue for bending locations

#### Cervical cup membrane

- Sized to fit a range of cervical positions
- Surrounds the cervix

#### Relief arch

- Provides finger rest during insertion
- Extra clearance for partner

#### Fingertip removal dome

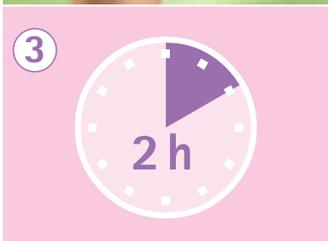
- Enables easy hooking for removal (from top or bottom)
- Cue for insertion orientation



Distributed by  
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**Caya**® *contoured diaphragm*  
[www.caya.us.com](http://www.caya.us.com)

## Quick Start Guide for safe and easy use

	<p>Before insertion, the <b>Caya®</b> is folded using grip nubs on each side. About 4 ml (one teaspoon) of contraceptive gel is poured into each fold of the <b>Caya®</b>.</p>		<p>In case of repeated sexual intercourse, the diaphragm remains in the vagina. To ensure continued safety, before the second coitus, additional gel must be introduced into the vagina using a gel applicator.</p>
	<p>A small amount of contraceptive gel is spread on the rim. This will help facilitate insertion into the vagina.</p>		<p>The diaphragm must remain in the vagina at least <b>6 hours</b> before it is removed. (Otherwise, motile sperm might ascend into the then unprotected cervical canal.)</p>
	<p>The <b>Caya®</b> diaphragm and contraceptive gel can be applied up to <b>2 hours</b> before coitus.</p>		<p>The <b>Caya®</b> is pulled out of the vagina using the recessed grip.</p>
	<p>The diaphragm is held in one hand. During insertion, the arrow on it points toward the body.</p>		<p>After removal from the vagina, the <b>Caya®</b> diaphragm is rinsed with water and soap and dried in the open case.</p>
	<p><b>Caya®</b> is pushed past the vaginal portion of the cervix into the posterior fornix. The recessed grip fills the retropubic space completely.</p>		<p>For protection against external influences, the <b>Caya®</b> should always be stored in the supplied case.</p>
	<p><b>Caya®</b> is correctly placed when the cervix is completely covered by the diaphragm and placed between the retropubic arch and the niche on the pubic bone.</p>		<p><b>Important:</b> The <b>Caya®</b> diaphragm should never remain in the vagina for more than <b>24 hours</b>.</p>
	<p>The placement should be controlled with the finger after insertion. It is correct when the cervix can be felt through the membrane of the diaphragm (feels like the tip of a nose). Otherwise, the diaphragm must be removed and inserted again.</p>	<p>14. The <b>Caya®</b> diaphragm can be used for 2 years from the first application.</p>	